



ITPM is pleased to offer this opportunity for professional development and training on:

Alcohol: The Most Abused...Least Understood Drug

"The cost of alcohol abuse is twice that of all illegal drug abuse. Alcohol is reported to be the direct cause of 80,000 to 100,000 deaths annually and alcohol related accidents are the leading cause of death to teenagers. The Surgeon General's Report states that more than half of the nation's 20.7 million students in the seventh through twelfth grades drink alcoholic beverages, 8 million on a weekly basis; almost half a million having five or more consecutive drinks per occasion."

Drugs of Abuse (Abadinsky)

The goal of this training is to mobilize and educate schools and communities to develop effective alcohol prevention, education, and intervention strategies for program development implementation.

Participants in this program will learn:

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| <input type="checkbox"/> The impact of alcohol abuse on the individual | <input type="checkbox"/> Alcohol abuse and impaired employee |
| <input type="checkbox"/> Alcohol as a gateway drug | <input type="checkbox"/> Stages of family alcoholism and codependency |
| <input type="checkbox"/> Patterns of alcohol abuse | <input type="checkbox"/> Psychosocial personality changes in co-dependents |
| <input type="checkbox"/> The DSM IV criteria for alcohol dependence | <input type="checkbox"/> The importance of intervention and treatment |
| <input type="checkbox"/> The disease of alcoholism | <input type="checkbox"/> Constructive confrontation/remediations for the alcoholic |
| <input type="checkbox"/> Symptoms associated with problem drinking | |
| <input type="checkbox"/> The behavioral, medical, and functional models of alcoholism | |
| <input type="checkbox"/> Alcohol "preassessment" instruments | |

Training Format

This training employs the use of instructional media and role plays for educational purposes. The focus on the misuse of alcohol and its impact on the individual, family, and worksite setting will be emphasized.

Training Manual

A comprehensive training and resource manual may be provided to all program participants. This manual would be utilized extensively during the training and would be a valuable resource guide for future application in alcohol based prevention and intervention.

Training Instructors

Mr. Gary J. Metz, M.S.ED., M.P.A., CASAC, MAC
Mr. David A. Monk, M.P.A., CASAC, C.A.S., CPP

Metz and Monk each have over 25 years experience working in substance abuse strategies (enforcement, prevention, and treatment). They draw from their extensive experience and education to deliver current researched topics relevant to the school community.

For more information regarding this and other ITPM training opportunities, contact:

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